

Ways forward for Adult ADHD Services



Agenda

Item No.	Timings	Subject
1.	18:00	Welcome, Introductions, Apologies and Declarations of Interest
2.	18:05	Background
3.	18:15	Ways forward – Consultation? <i>Discussion</i>
4.	18:35	Draft Survey <i>Discussion</i>
5.	18:50	Next steps and Stakeholders Feedback and comments
6.	18:58	Next steps – (See slide) – Information will be shared on our involvement platform <i>Close meeting</i>

Welcome, Introductions, Apologies and Declarations of Interest

Why are we here?

In this session we will take time to review where we are and our next steps.

We will do this by talking through the consultation plans and our stakeholder list.

By the end of the meeting, we will have a better idea on your thoughts on the plans and identify people or groups we should be talking to.

The session is being facilitated by Scott Williams and Amanda Rafferty

Background

Case for change summary

Since the pandemic, the number of people who have been referred for ADHD assessment, diagnosis and treatment has increased a lot:

Adult ADHD referrals are approximately 5 times higher than they were.

Currently, we estimate that there are approximately 60,000 adults with ADHD.

The situation is similar across the country and many places are reviewing their services.

If we continue with the service as it currently is, some people could be waiting over 7 years for diagnosis and treatment, which is not acceptable to them or to us.

Our journey so far:

- Since 2019 referrals to adult ADHD services have grown by 500% with roughly 1500 monthly referrals being received in GM
- Services are struggling to meet demand and support those who need support the most.
- In 2023 a professional's task and finish group was set up to look at this
- In late 2023 conversations started to look at how services may need to be delivered differently.
- Feb 2024 a “why do things need to change” paper was written and following this pre consultation engagement was started
- Through early 2024 March-April we carried out engagement and a report was created and published
- Since then we have been going through various internal and NHSE governance processes

Ways Forward – Consultation?

Our journey towards consultation

- NHS England Assurance, 31st January 2025. Awaiting feedback
- NHS GM Board, 25th March 2025
- Consultation planned for 31st March (dependant on outcome from above)
- Stakeholder briefings
- 8 weeks of consultation
- 4 weeks of evaluation
- Results and decision ratified through governance

Why consultation?

- a) Meet the expectations of current and potential service users that they can influence decisions relating to the future care offer for adult ADHD
- b) Ensure that the NHS Greater Manchester's legal duty to involve is discharged and the expectations of the Greater Manchester Joint Health Scrutiny Committee are met, and
- c) Ensure that the outcome of the review is optimised by ensuring as many voices are heard as possible when making a final decision

What?

The consultation will gather insights on the following topics, which will form our 'key lines of enquiry':

- a) What are the views of consultees about each option
- b) Whether the consultees have a preference, and if so why
- c) Views on the draft clinical criteria and triage process
- d) Views on the wider support offer made available for those not meeting the clinical criteria
- e) Whether there are any communities or groups who will be affected more than others due to reasons of inequality, and
- f) Whether consultees have any other thoughts about what should be borne in mind in when implementing the chosen option

How?

- Website
- Consultation document (explainer)
- Survey. Digital, printed, easy read, BSL, translated and over the phone options
- Outreach
- Attendance at community meetings/forums
- Focus groups
- Social media
- Whatsapp, text, email and phone options

Draft Survey Questions

Questions



Microsoft Word
Document

Discussion and feedback

Next Steps

Next steps

- Develop a stakeholder list
- Preparation for 'Go Live'
- Identification of key stakeholders
- Survey development
- Detailed engagement plan
- Fortnightly LEAG meetings up to the live date (3 meetings scheduled)

Existing stakeholders identified in engagement phase

- Commissioners
- Project Lead
- Clinical Staff
- Wider Staff
- Task and Finish Group
- LEAG
- Equalities Team
- NHSE
- GMCA
- Healthwatch
- 10GM
- GM Equals
- Primary Care and PPG's
- Manchester ADHD Steering Group (AADD)
- MADDchester
- LGBT Foundation
- MP's and Cllrs
- Locality Participation Groups
- GMMH
- Pennine Care

Next meeting.

Tuesday 4th March 2025

6pm-7pm